

# 代謝造影劑 $^{11}\text{C}$ -acetoacetate 未來之臨床應用潛能

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# The role of Nuclear Medicine in AD

- HMPAO-SPECT scan
- FDG-PET scan
- Beta-amyloid PET scan
- Tau-protein PET scan
- Inflammation PET scan ?
- ????

How early is early enough?

# Connection between AD & DM (T<sub>2</sub>)

- Peripheral insulin resistance and diabetes are risk factors for Alzheimer's disease;
- Hyperinsulinemia may cause the accumulation of  $\beta$ -amyloid in brain;
- Insulin signaling pathway are abnormal in AD brains;

# AD as type III DM – by Suzanne M. de la Monte

- Deficits in glucose uptake and utilization;
- Insulin resistance down-regulated target genes needed for cholinergic function;
- Inhibition of insulin signaling mediated neurodegeneration;
- Oxidative stress, increased cell death;
- Mitochondrial dysfunction;
- Pro-inflammation and pro-apoptosis cascades.

NEJM 2010;362:329-44

# Brain glucose dysregulation in AD

- Abnormalities in brain glucose homeostasis are intrinsic to AD and may begin several years before clinical symptoms;
- Decreased enzymatic activities of hexokinase, phosphofructokinase, pyruvate kinase (inside mitochondria) at lesion sites;
- Neuronal GLUT<sub>3</sub> are reduced and parallel severity; (astrocytic GLUT<sub>1</sub> unchanged)
- Higher tissue glucose concentration at lesion sites;
- Increases in fasting plasma glucose levels are associated with brain tissue glucose concentrations globally.

# Case report

- Male, white, 51 y/o (2001), short term memory loss;
- 56 y/o (2006), gave up job, stopped driving;
- 54-58 y/o (2004-2008) MMSE score from 23 to 12;
- 2008 MRI showed diffuse involutinal changes of frontal and parietal lobes and moderate left-sided and severe right-sided atrophy of amygdala and hippocampus, consistent with AD;
- *APOE*  $\epsilon_4$ -positive

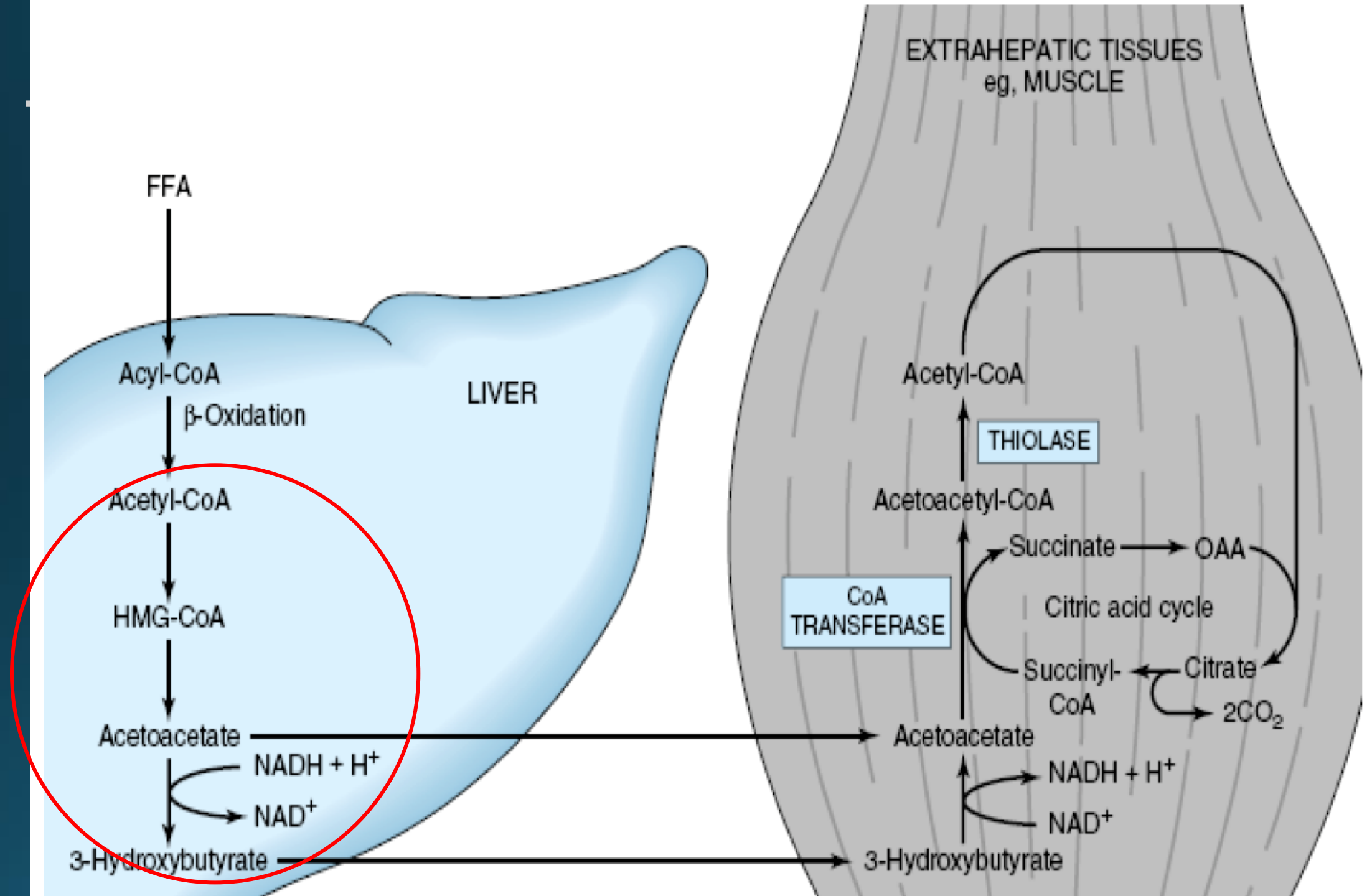
# Coconut oil-> MCTs-> ketone

- MCTs (mid-chain triglycerides) – 6 to 12 C
  - C6:0 – Caproic
  - C8:0 – Caprylic (6%) – to ketones (most ketogenic)
  - C10:0 – Capric (9%) – to ketones
  - C12 – Lauric (>50%)
- Other LCTs (saturated)
  - C18:0 - Stearic
  - C18:1 - Oleic
  - C18:2 - Linoleic

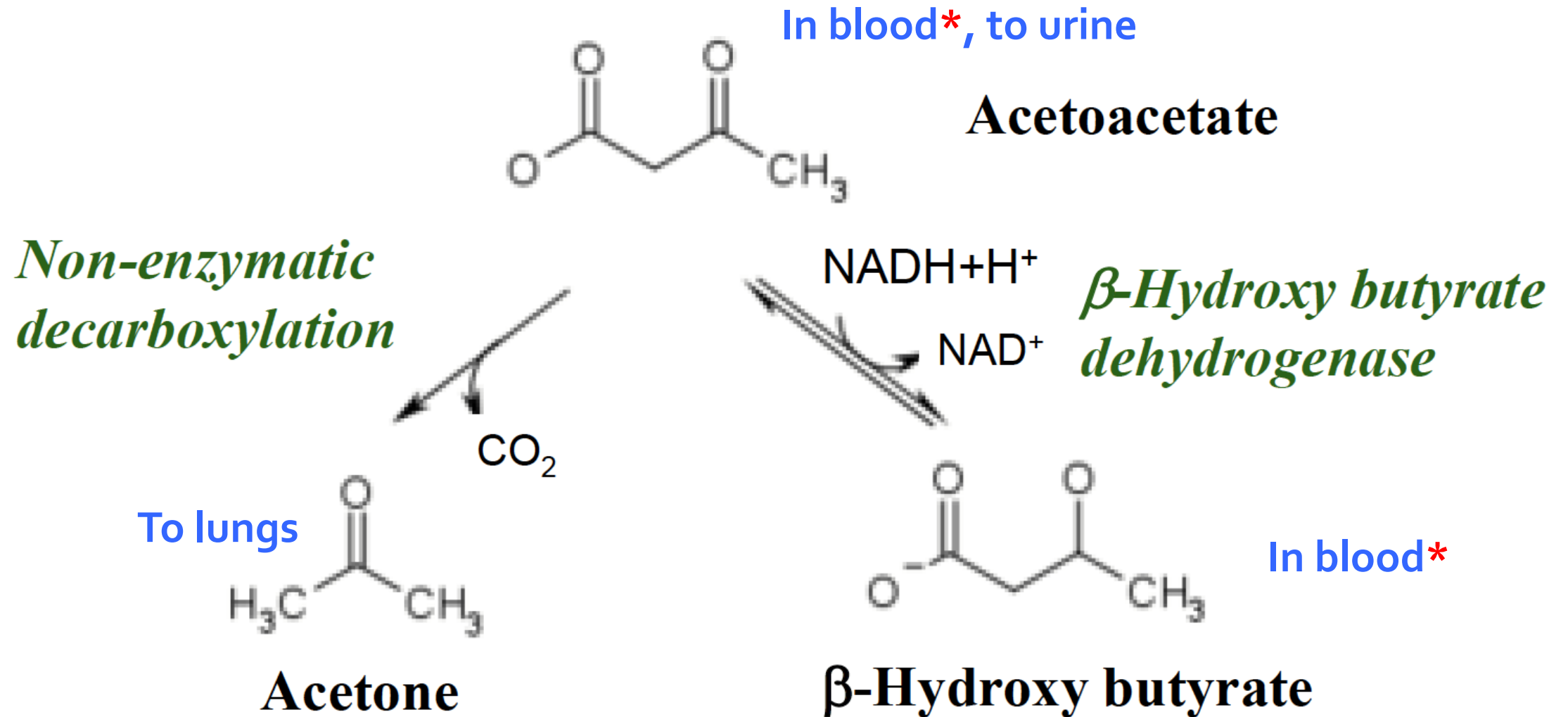
# Trial courses

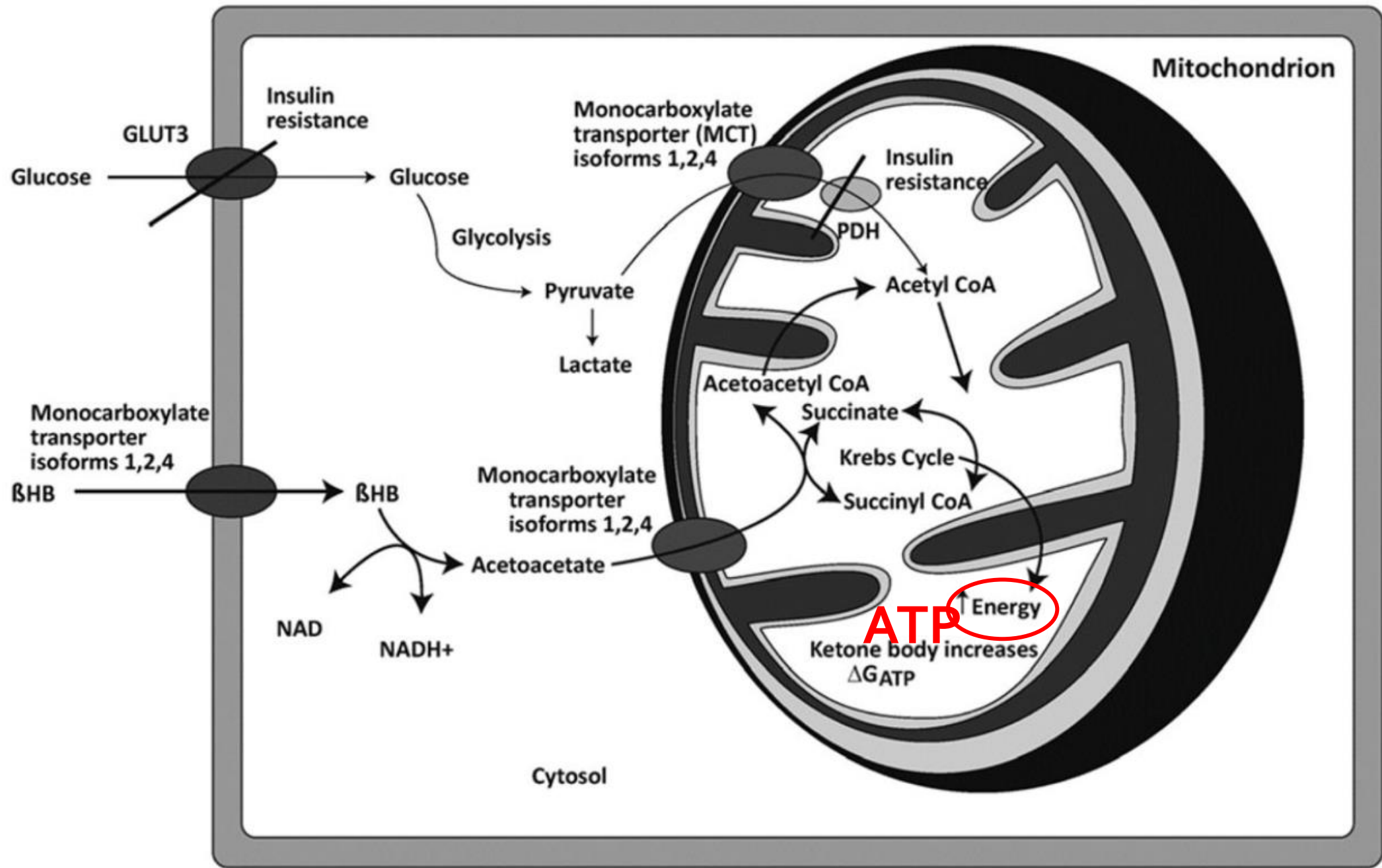
- 5/21/2008 starting **coconut oil** therapy;
- Added **mid-chain triglyceride** for therapy several months later;
- MMSE from 12 to 20 after 75 days therapy;
- ADAS-Cog rose 6 points, ADLs rose 14 points;
- MRI on 4/28/2010 stayed the same;
- 4/29/2010 adding **keto monoester** Tx;
- Improving clinically in daily activities.





# The Ketone Bodies







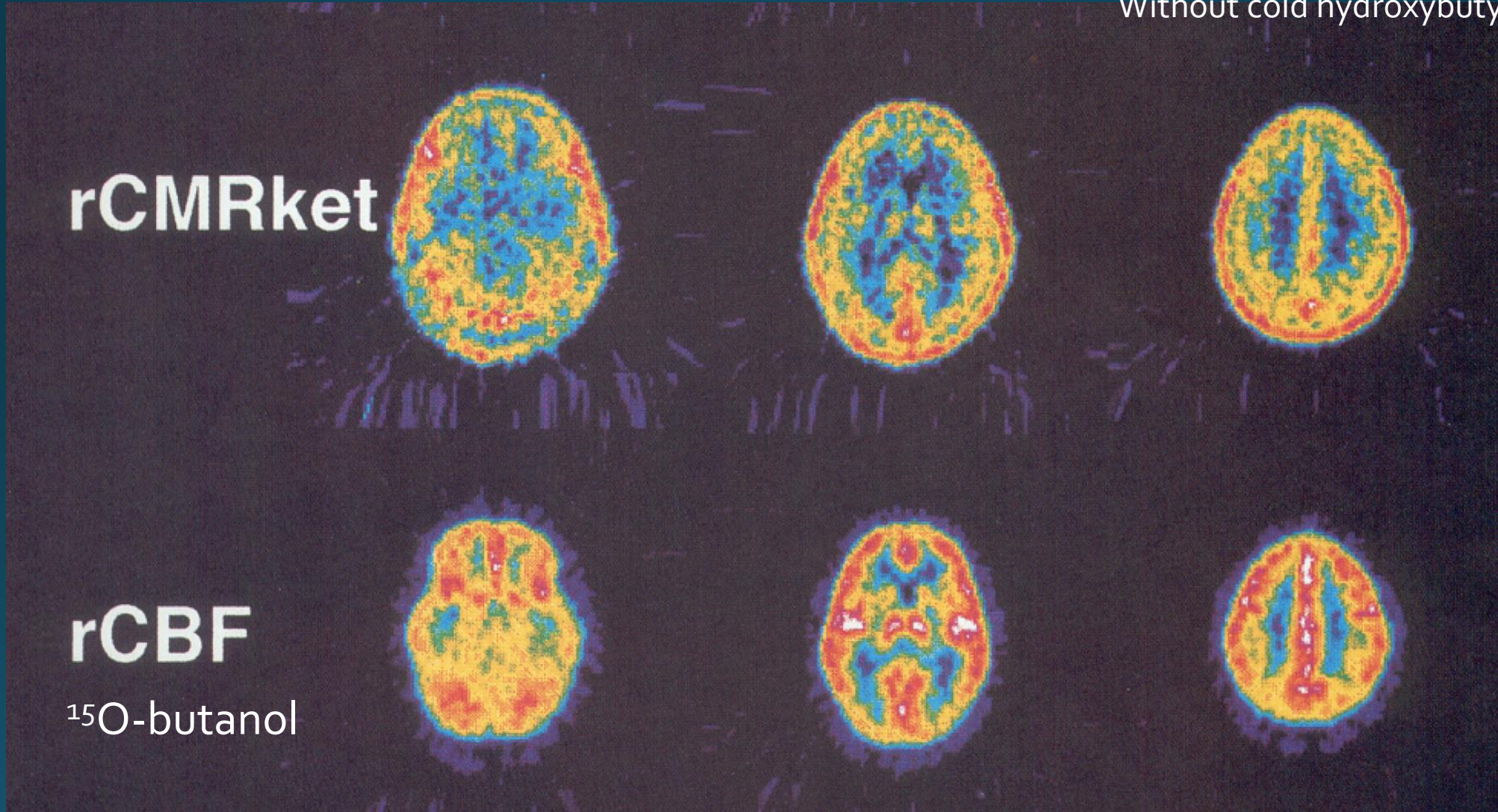
# Use of R- $\beta$ -[1- $^{11}\text{C}$ ]hydroxybutyrate in PET studies of regional cerebral uptake of ketone bodies in humans

Without cold hydroxybutyrate infusion

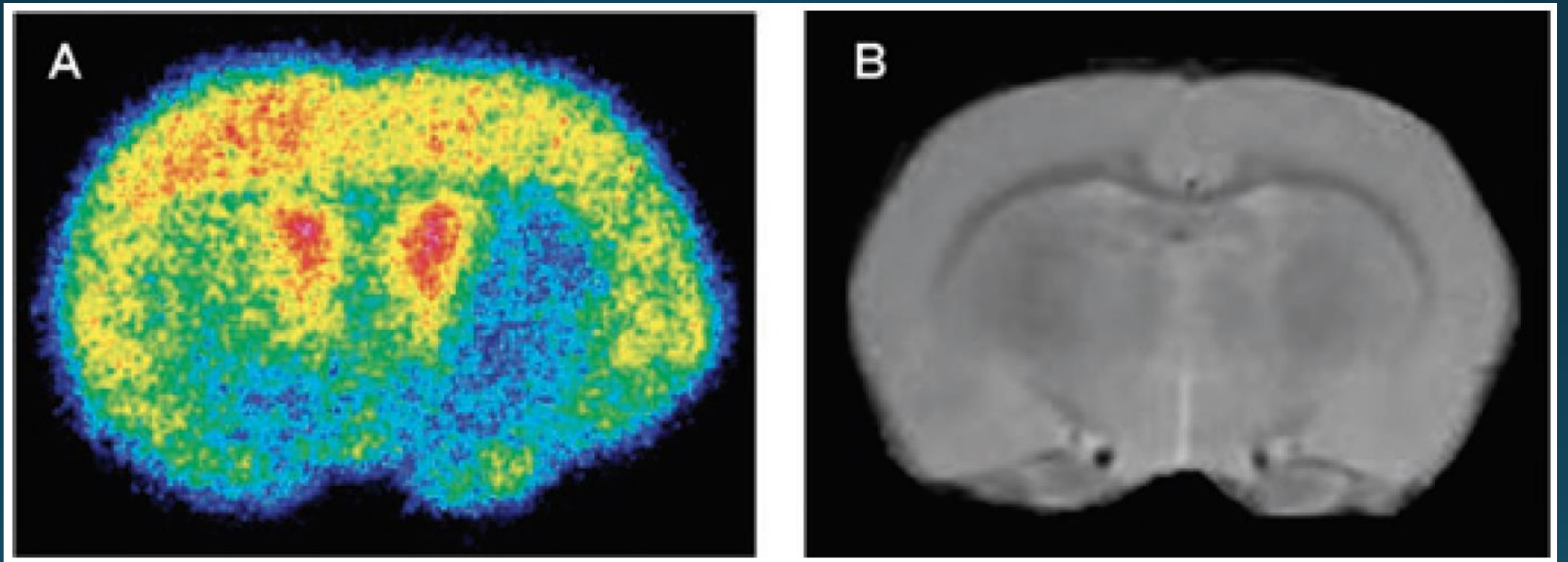
rCMRket

rCBF

$^{15}\text{O}$ -butanol

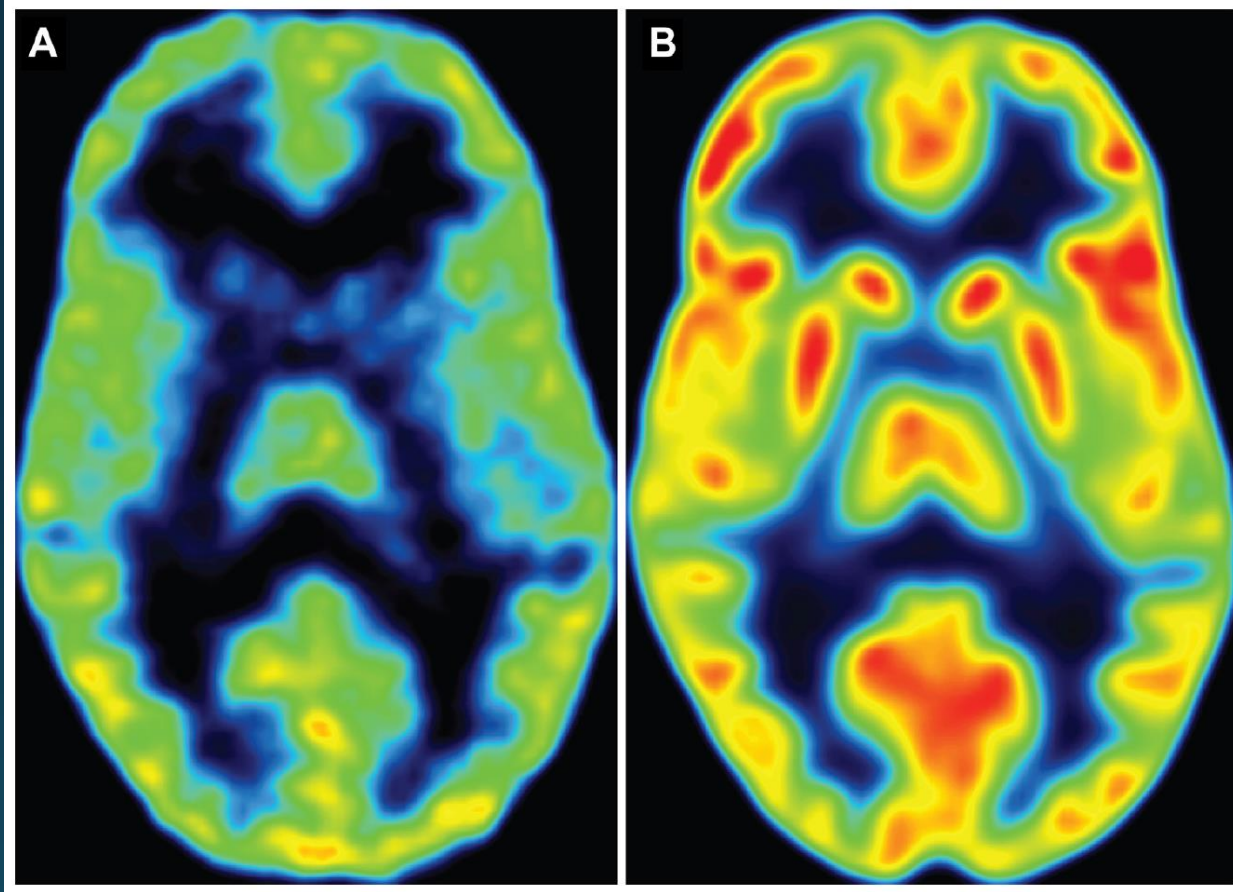


# $^{11}\text{C}$ -Acetoacetate (AcAc)-rat





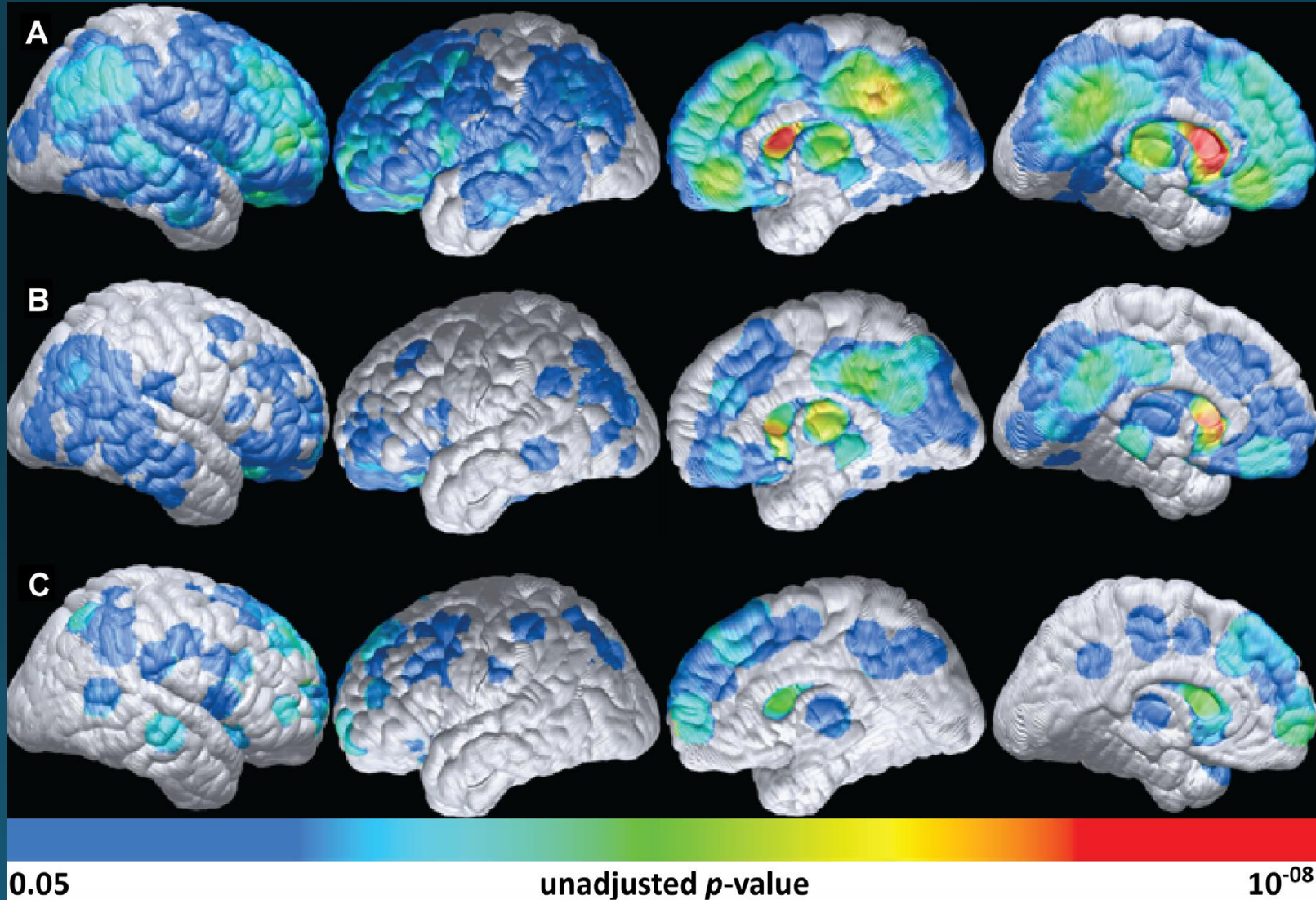
# $^{11}\text{C}$ -AcAc vs. $^{18}\text{F}$ -FDG young adults <sub>26 vs. 74 y/o</sub>



- In comparison with younger adults, **older adults** had 8 % **lower** cerebral metabolic rates for glucose in gray matter as a whole.
- The effect of age on cerebral metabolic rates for acetoacetate in gray matter did not reach significance.

# $^{11}\text{C}$ -AcAc in old vs. young adults

26 vs. 74 y/o



young

old

Difference  
at caudate

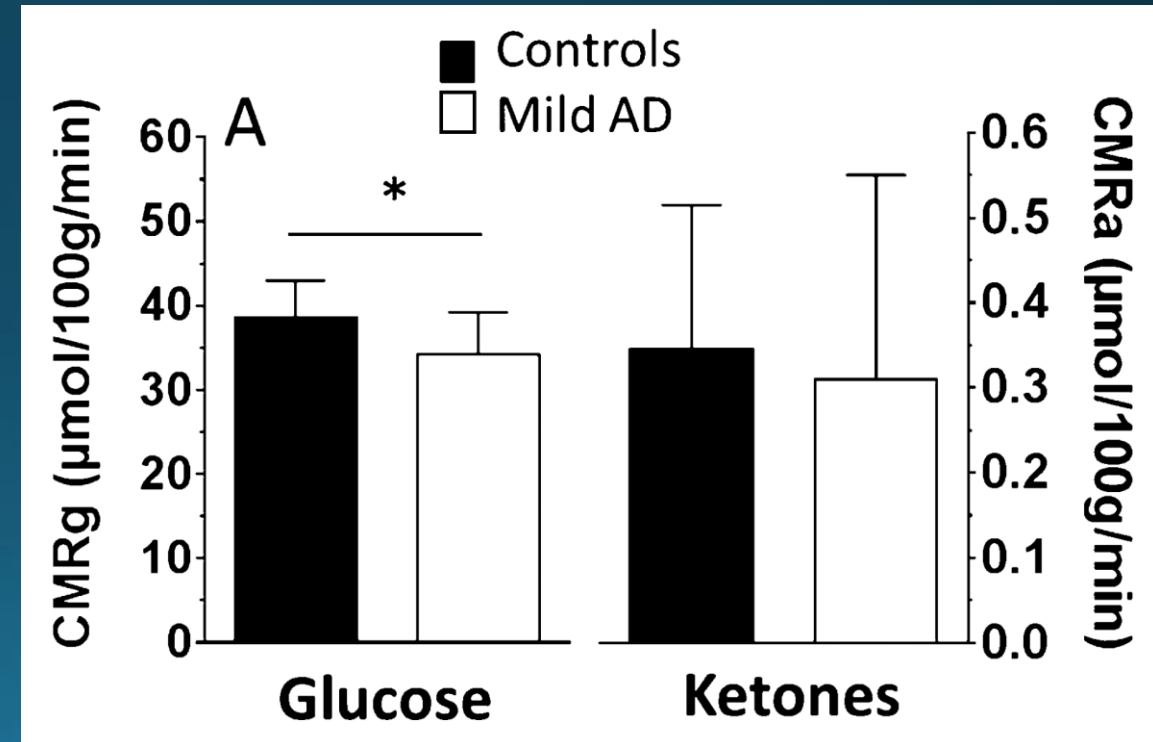
# Glucose metabolism in AD brain

- Primary or Secondary?
  - Consequence of the cellular and functional degeneration in AD → glucose hypometabolism;
  - Glucose hypometabolism of brain is a critical part of the clinically asymptomatic early AD.
- Which fuel?
  - Hypometabolism to glucose only or energy substrates in general?
  - Hypometabolism affect glucose more than other substrates?



# Lower Brain $^{18}\text{F}$ -Fluorodeoxyglucose Uptake But Normal $^{11}\text{C}$ -Acetoacetate Metabolism in Mild Alzheimer's Disease Dementia

- Neither global nor regional CMRa differed between the two groups.
- Regional brain energy substrate hypometabolism in mild AD may be specific to impaired glucose uptake and/or utilization.
- This suggests a potential avenue for compensating brain energy deficit in AD with ketones.



Ann NY Acad Sci 2016;1367:12-20

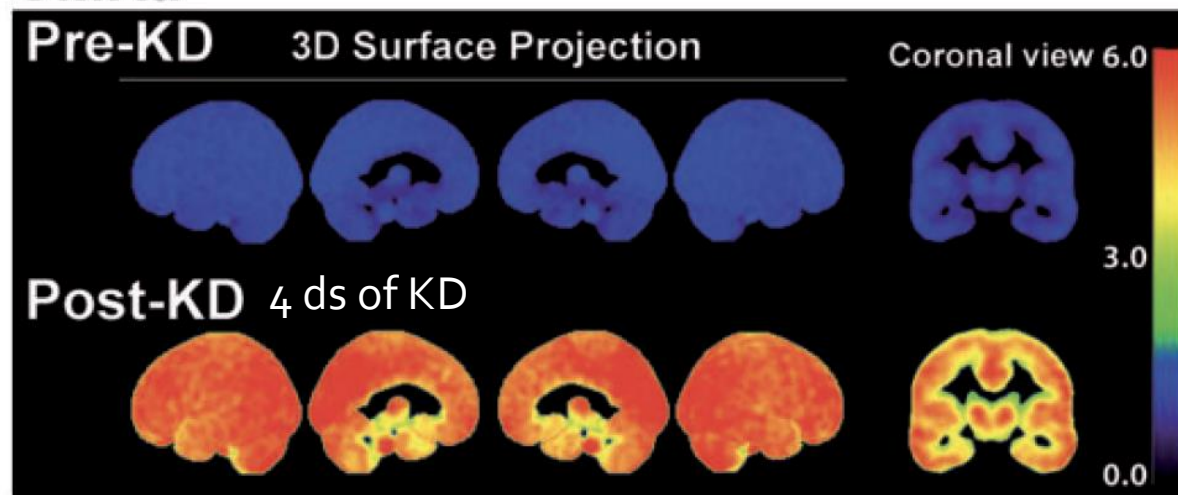
**Can ketones compensate for deteriorating brain glucose uptake during aging? Implications for the risk and treatment of Alzheimer's disease**

Stephen C. Cunnane,<sup>1,2,3</sup> Alexandre Courchesne-Loyer,<sup>1,3</sup> Valérie St-Pierre,<sup>1,3</sup>  
Camille Vandenberghe,<sup>1,3</sup> Tyler Pierotti,<sup>1,4</sup> Mélanie Fortier,<sup>1</sup> Etienne Croteau,<sup>1</sup>  
and Christian-Alexandre Castellano<sup>1</sup>

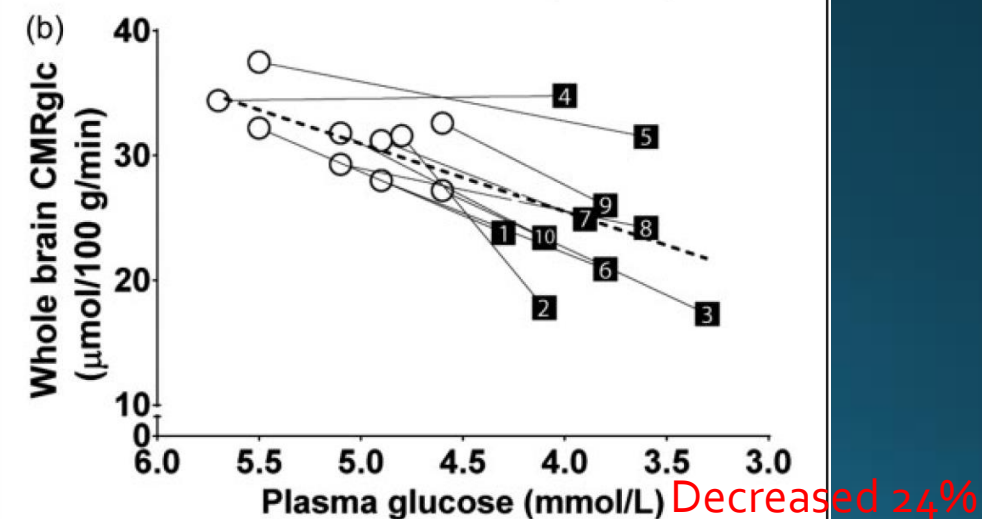
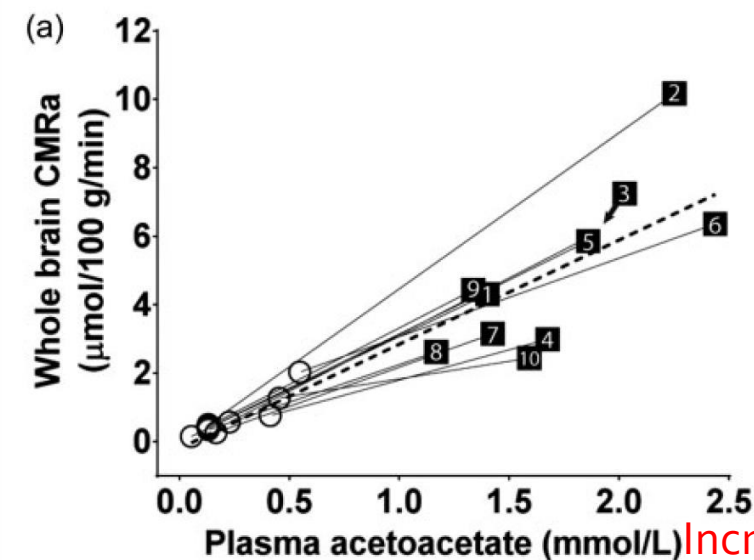
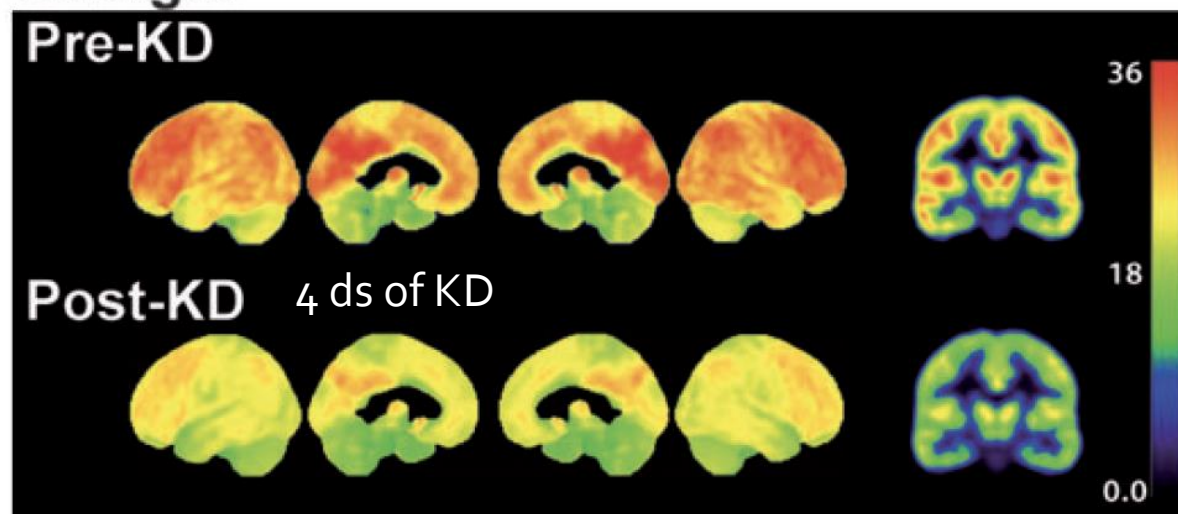
- AC-1202 (Axona) as “medical food” therapy;
- “Ketogenic diet” as “real food” therapy.

# $^{11}\text{C}$ -AcAc vs. $^{18}\text{F}$ -FDG vs. ketogenic diet

**CMRa**  $^{11}\text{C}$ -AcAc PET increased 6-fold

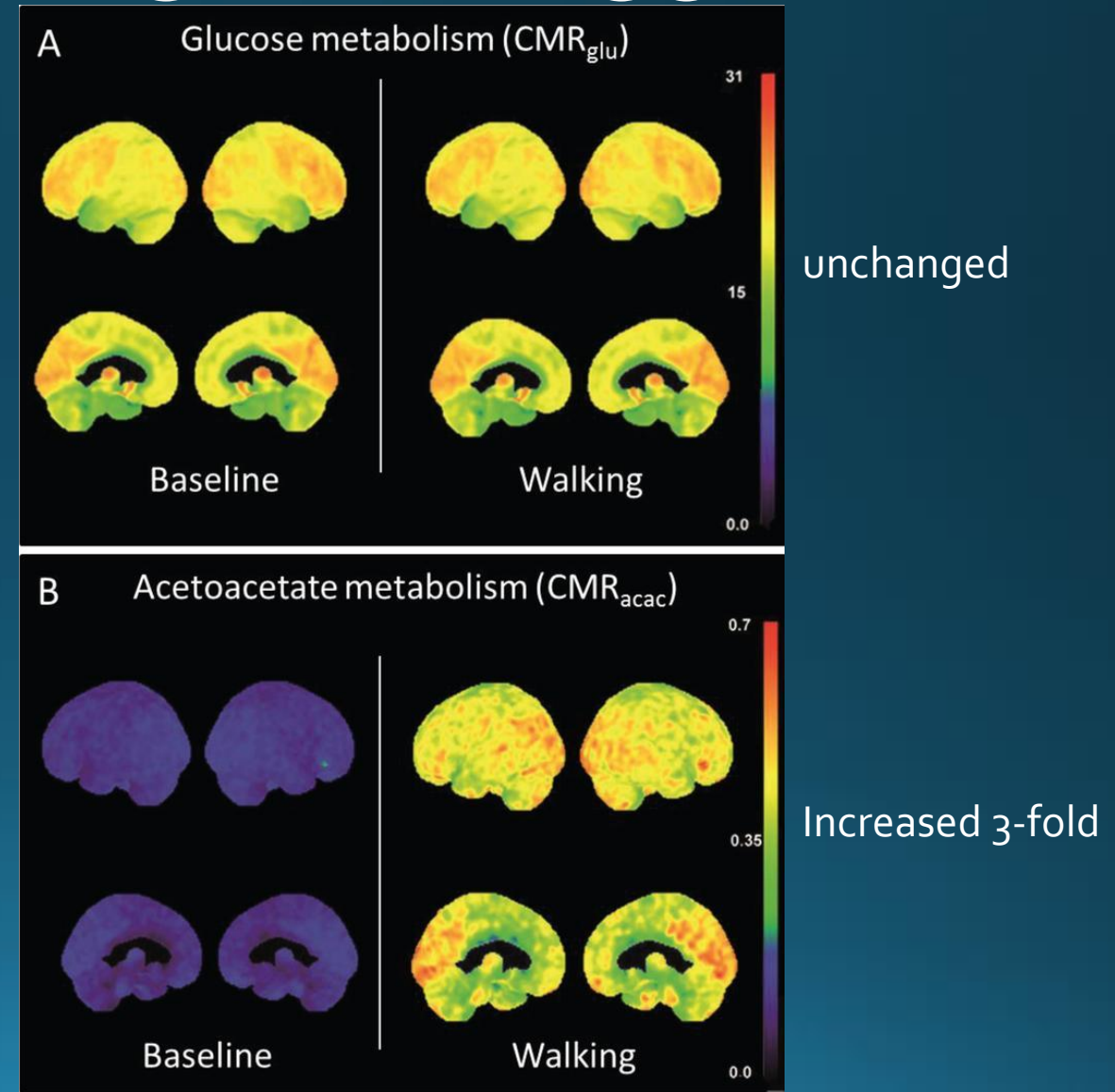


**CMRglc**  $^{18}\text{F}$ -FDG PET decreased 20%



# J Alzheimers Dis 2017;56(4):1459-68

- N=10, MMSE: 26/30, 73 y/o, 8 km/wk in 3 ds at 4 km/hr for 3 ms.
- Plasma acetoacetate concentration, blood-to-brain acetoacetate influx rate constant increased 2-3-fold
- Improvement in the Stroop-color naming test, Trail making A&B tests.





# Targeting insulin inhibition as a metabolic therapy in advanced cancer: A pilot safety and feasibility dietary trial in 10 patients

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Table 1									
Baseline patient demographics									
Patient	Age (y)/Race	Sex	Cancer diagnosis	Year*	Prior chemotherapy courses	Glucose (mg/dL)	Creatine (mg/dL)	Weight (kg)	BMI (kg/m <sup>2</sup> )
1	61/AA	F	breast	4	5	107	1.3	77.6	29.3
2	53/H	F	fallopian tube	5	5	93	0.9	63.0	25.0
3	73/C	F	breast	14	0†	114	0.8	62.8	28.0
4	70/AA	F	colorectum	5	4	87	1.2	73.0	28.5
5	69/AA	M	lung	5	5	90	1.0	77.1	27.5
6	72/C	M	esophagus	2	6	107	1.0	103.4	29.3
7	52/As	F	colorectum	5	4	104	0.5	46.3	20.9
8	61/C	M	colorectum	6	6	95	1.1	69.9	22.7
9	64/AA	F	ovary	5	10	100	1.7	98.0	34.9
10	54/C	F	lung	4	8	93	0.9	68.0	26.1
Mean ± SEM	62.9 ± 2.5	N/A	N/A	5.5 ± 1.0	5.3 ± 0.8	99 ± 2.8	1.0 ± 0.1	73.0 ± 5.3	27.2 ± 1.2

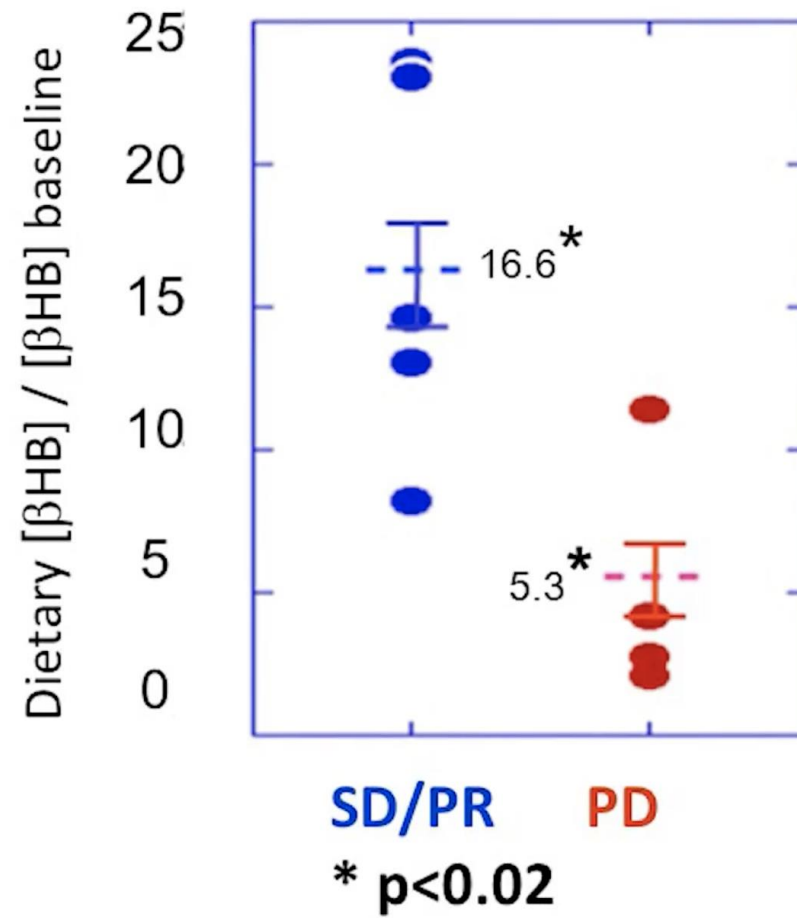
## Ketosis on VLC diet vs. baseline

	Pt.	PET	[BHB <sub>VLC</sub> ]/Baseline
Stability	3*	SD	2.7 ± 1.2
	2	PR	23.3 ± 14.2
	5	SD	13.1 ± 18.5
	7	SD	14.6 ± 11.8
	8	SD	8.2 ± 2.8
	10	SD	23.6 ± 8.2
Progression	1	PD	2.1 ± 1.9
	4	PD	2.8 ± 1.2
	6	PD	4.2 ± 2.8
	9	PD	11.4 ± 4.5

\* Pt. 3 had biologically much more indolent disease than

## Ketosis vs. PET outcome

*Ketosis is 3-fold higher among stabilizers*



$^{18}\text{F}$ - $\beta$ -hydroxybutyrate  
– the next metabolic PET agent?



# Conclusion

- Treat Alzheimer's disease as a metabolic disorder;
- Using  $^{11}\text{C}$ -AcAc and  $^{18}\text{F}$ -FDG PET scans to select suitable cases for ketone therapy in AD;
- Using  $^{11}\text{C}$ -AcAc and  $^{18}\text{F}$ -FDG PET scans to select suitable cases for ketone therapy in oncology;
- Possible application of  $^{11}\text{C}$ -AcAc in other neurological disorders;
- Develop  $^{11}\text{C}$ -AcAc ,  $^{11}\text{C}$ - $\beta$ -hydroxy butyrate and  $^{18}\text{F}$ - $\beta$ -hydroxy butyrate as possible metabolic PET imaging agents in Taiwan.